

Marden Medical Centre Patient Participation Group



News Update

Marden Medical Centre News:

For the latest Marden Medical Centre updates please refer to the Surgery website:

<https://www.mardenmedicalcentre.nhs.uk/>



Dr Neil Potter Announces his retirement from the partnership at the end of June 2023

Neil will have completed 25 years and is the longest-serving team member. He plans to work as a locum for local practices, including ours, which will shift his workload back to clinical care.

Happily, we have recruited Dr Rob Derrick who is already working for us and was a Registrar (GP in training) here in 2020. He has been in partnership in Tunbridge Wells since that time. He will formally take over the care of Dr Potter's regular patients from July.

He will offer much-needed support both clinical and administrative as well as having a special interest in training and supporting new clinicians. Marden Medical Centre will be ready to face future challenges with the same high standards.

Surgery Receptionist - Carers Champion

Louise Wakeman, one of our receptionists is now our Carers Champion. If anyone has any questions about the role as a carer champion or would like more information, they can visit our resources table in the waiting room or speak with Louise at the Surgery.

Updated Marden Medical Centre Mission Statement

Our mock CQC visit has prompted us to review our mission statement which hasn't been updated for some years. After consultation with the PPG committee and staff team, this is our new statement:

"We strive to provide high quality, safe and accessible healthcare where all are treated with kindness, care and compassion"

We believe it reflects the practice ethos. The NHS is facing many challenges but it is our belief that is important that we hold onto the principle that kindness, care and compassion should be at the centre of all that we aim to do.

West Kent Dementia Coordinators

The Surgery is working with West Kent Dementia Coordinators (leaflet below) and someone from their service will be visiting the Surgery on a monthly basis to proactively reach-out to patients living with dementia and their carers.

ADSS
Facing dementia together

How a Dementia Coordinator can help you

What is a Dementia Coordinator?
A Dementia Coordinator will be your point of contact throughout your experience of dementia. They work with your doctor's surgery to help provide support and guidance to people affected by dementia. They will work with you to access the information, support, and guidance you need to enable you to get the most out of life and understand your condition.

What can a Dementia Coordinator do for me if I think I may have dementia?
If you think you may have dementia, or are worried about your memory, it is important to get the treatment and support you need. A Dementia Coordinator will help you understand why it is important to find out if you do have dementia, and what tests and examinations may be involved.

What about after my diagnosis?
When you are ready, your Dementia Coordinator will work with you and your memory clinic to ensure that you feel supported. They will be on hand to work through any questions or concerns you may have, as well as keeping in regular contact with your GP. A Dementia Coordinator can also signpost you to other relevant support services covering many aspects of daily life such as wellbeing, socialising, benefits, and they will be there for your family as well. Your Dementia Coordinator will be local to your area and therefore will be familiar with local support services available to you.

How can I find my local Dementia Coordinator?
You can call our Dementia Coordinator line on **0800 035 2221** or email referrals@alz-dem.org and we will get back to you.
You can also contact your GP surgery or memory clinic and ask them to refer you directly to us.

Let's get social
To keep up to date with all our latest activities please connect with us on social media:
 • Alzheimer's and Dementia Support Services
 • @alzdemsupport
 • Alzheimer's and Dementia Support Services
 • @alz_dem
 Plus check out our website www.alz-dem.org for regular blogs relating to dementia and our work.

On behalf of
Kent County Council
NHS
Kent and Medway

Safeharbour Memory, Wellbeing Centre, Coldharbour Road, Northfleet, Kent DA118AE
 Registered Charity No: 1173379. A Company Limited by Guarantee. Registered in England & Wales No: 10690071

Other News:

Over 50's Weekly Exercise Classes at the Marden Congregational Church

Over 50's
Exercise
Classes

Every Friday
Marden
Congregational Church

Teas, Coffees,
Biscuits
Every week

Hamish Startin MSc
Physiotherapy
Mob: 07845 792586
Email: cranbrookphysiotherapy@gmail.com

The exercise classes are Friday morning from 1030 am. Prices start from £6. Contact Hamish Stratton for more information on 07845 792586.

Kent Community Services Consultation

KCC are proposing changes to the way it is using its buildings and some of its Community Services. KCC are inviting feedback on its proposals as part of this consultation. The services are Children's Centres and Youth Hubs, Public Health Services for Children and Families, Community Services for Adults with Learning Disabilities, Community Learning and Skills (Adult Education), and Gateways. **Marden's Children Centre has been unfortunately identified for potential closure.**

Learn more about the proposed changes and have your say: <https://letstalk.kent.gov.uk/community-services-consultation>

Eating Disorders Week – 27th Feb -5th March 2023



Beating Eating Disorders are the UK's eating disorder charity. Founded in 1989 as the Eating Disorders Association, their mission is to end the pain and suffering caused by eating disorders.

See <https://www.beateatingdisorders.org.uk/>

Cost of Living Support Event – 23rd February 11:00-3:00pm – Marden Memorial Hall

Household energy costs are going up
Winter 2022

Cost of Living Support Event

**Worried about your rising costs?
You are not on your own, we're here to help.**

Come and talk to Maidstone Borough Council and partners

**Marden Memorial Hall (Goudhurst Road, Marden, TN12 9JX)
Thursday 23 February, 11am to 3pm**

Get advice and information about managing the cost of food, utilities and fuel. Details on the Warm Home Discount Scheme, Universal Credit and support with Council Tax payments.

Organisations on hand to help will include:

- Maidstone Borough Council
- KCC Digital Kent
- Fusion Healthy Living
- Department for Work & Pensions
- Citizen's Advice Bureau
- Involve
- South East Water
- One You Kent
- We Are With You
- MHS Homes

Please come and talk to us, grab a cuppa and a biscuit. We're here to help you...

www.maidstone.gov.uk

MAIDSTONE
BOROUGH COUNCIL